

Your Local Pharmacy

Transferring Your Prescriptions is Easy.
Ask Us How Today!

May 6-20



10⁹⁹

Ensure® or Glucerna®
Selected Varieties



4²⁹

Sugar Twin®
Calorie Free Sweetener,
200 Packets,
160 g



3²⁹

Sugar Twin®
Calorie Free Sweetener,
Granulated Brown,
50 g



1⁹⁹

Dawn® Ultra
50% Less Scrubbing,
Dishwashing Liquid,
473 mL



3⁹⁹

Bounty
The Quicker Picker Upper
74 2-Ply Paper Towels,
2 Rolls



4⁹⁹

Nivea
Soft
Face | Body | Hands,
Moisturizing Cream with
Jojoba Oil & Vitamin E,
75 mL



1⁹⁹

Lindt
Lindor,
36 g



3²⁹

Werther's Original®
Caramel
Popcorn,
170 g



1²⁹

Ferrero Rocher
3 Pieces



8⁴⁹

Gaviscon®
MaxRelief,
Berry,
25 Portable
Packs or
25 Chewable
Foamtabs



8⁹⁹

Dex4®
Selected
Varieties,
50 Tablets



4⁹⁹

Graviol™
Nausea Relief
For Up To 12 HR,
8 Caplets



9⁹⁹

OFF!®
Deep Woods®,
Insect
Repellent,
Up to 8 Hours,
230 g



16⁹⁹

Claritin®
Non-Drowsy,
Allergy,
10 mg
20 Tablets



14⁹⁹

NeilMed®
Sinus Rinse Kit
or Refill



69¢

Kleenex®
Pocket Pack,
10 3-Ply White
Tissues



3⁹⁹

Elastoplast
Plastic,
Water-Resistant,
50 Spots



4⁸⁹

Elastoplast
Family Pack
Plastic, Family
Pack Fabric or
Variety Pack
Fabric + Plastic,
80 Assorted
Sizes



7⁹⁹

Eucerin®
Aquaphor®,
Skin Protectant
Ointment,
Fragrance-Free,
50 g



8⁹⁹

Lubriderm®
Advanced
Moisture
Therapy Lotion,
Deeply
Hydrates
Extra-Dry Skin,
480 mL



7⁹⁹

Veet
Easy-Gel™,
Up to 28 Days
of Smoothness,
12 Wax Strips



3⁸⁹

Nivea
Antiperspirant,
Invisible for
Black & White,
43 g or
Roll-On,
50 mL



7⁹⁹

Nature's Bounty®
Hair, Skin &
Nails,
With Biotin,
80 Gummies



11⁹⁹

Benzagel®5
Gel
Acne Gel,
Kills Acne
Bacteria,
60 g

healthOne

Compare & Save!



7⁴⁹

Cold & Flu
Non-Drowsy,
12 Day + 12 Night
Capsules



8⁹⁹

Multivitamins & Minerals
Advantage,
100 Tablets



3⁹⁹

Folic Acid
1 mg,
100 Tablets



5⁹⁹

Arthritis Pain Relief
650 mg
24 Caplets

Arthritis is more than just wear and tear or an old person's disease.

Arthritis is very common but is not well understood. Actually, "arthritis" is not a single disease; it is an informal way of referring to joint pain or joint disease. There are more than 100 types of arthritis and related conditions. People of all ages, sexes and races can and do have arthritis, and it is the leading cause of disability in America. Nearly 60 million adults and 300,000 children have some type of arthritis. It is most common among women and occurs more frequently as people get older.

Arthritis

Common arthritis joint symptoms include swelling, pain, stiffness and decreased range of motion. Symptoms may come and go. They can be mild, moderate or severe. They may stay about the same for years but can progress or get worse over time. Severe arthritis can result in chronic pain, inability to do daily activities and make it difficult to walk or climb stairs.

Arthritis can cause permanent joint changes. These changes may be visible, such as knobby finger joints, but often the damage can only be seen on X-ray. Some types of arthritis also affect the heart, eyes, lungs, kidneys and skin as well as the joints.

Osteoarthritis is the most common type of arthritis. When the cartilage – the slick, cushioning surface on the ends of bones – wears away, bone rubs against bone, causing pain, swelling and stiffness. Over time, joints can lose strength and pain may become chronic. Risk factors include excess weight, family history, age and previous injury (i.e., an anterior cruciate ligament, or ACL tear).

Regular physical activity, hot and cold therapies, over-the-counter pain relievers and assistive devices are commonly used to help manage mild to moderate osteoarthritis symptoms.



8⁹⁹

Jamieson™
Calcium
Magnesium,
Bonus 100 +
100 Caplets



5⁹⁹

Tiger Balm®
Pain Relieving
Ointment,
Ultra Strength,
18 g



17⁹⁹

Webber Naturals®
Glucosamine Chondroitin,
Double Strength,
400 mg,
140 Caplets

Aspirin®
Quick Chews,
Daily Low Dose,
81 mg,
30 Tablets

6⁴⁹



Tylenol®
Liquid Gels,
325 mg,
32 Capsules

7⁹⁹



Tylenol®
Arthritis Pain,
Lasts up to 8
Hours,
650 mg,
50 Caplets

7⁹⁹



10⁹⁹

**Nature's
Bounty®**
Alpha Lipoic
Acid,
100 mg,
90 Capsules



11⁹⁹

**Webber
Naturals®**
Vitamin B12,
1000 mcg,
80 Sublingual
Tablets

Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Med checks
- Compounding
- Compliance packaging
- Clinic days
- Prescription transfer from other pharmacies



3⁹⁹

Listerine®
Antiseptic
Mouthwash,
Fresh Burst or
Clean Mint,
250 mL



6⁹⁹

Sleep • eze®
Extra Strength,
50 mg,
20 Caplets or
Gelcaps



12⁹⁹

**First
Response™**
Early Result
Pregnancy Test,
1 Test



6⁹⁹

Trojan®
Lubricated,
12 Latex
Condoms



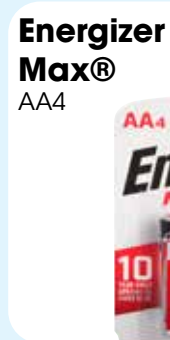
5⁴⁹

Vagisil®
Daily Intimate
Wash,
Selected
Varieties,
240 mL



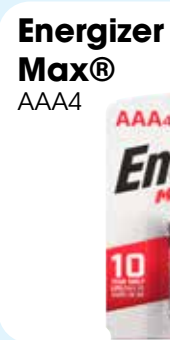
4⁹⁹

Ziploc
Freezer Bags,
Small, Medium
or Large



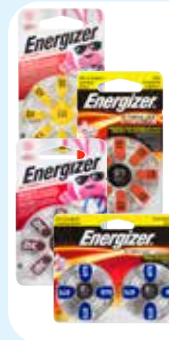
7⁹⁹

**Energizer
Max®**
AA4



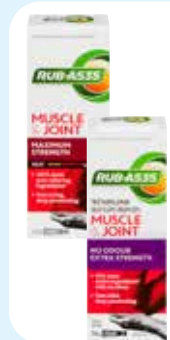
9⁹⁹

**Energizer
Max®**
AAA4



12⁴⁹

Energizer®
Hearing Aid
Batteries,
10, 13, 312 or
675



9⁹⁹

Rub • A535™
Muscle & Joint,
Maximum
Strength or
No Odour Extra
Strength,
100 g

Vitamins and Mental Health

Vitamins play a vital role in mental health. The absence of some vitamins and nutrients in your diet could lead to some mental health issues. That's why it's important to know the types of vitamins linked to mental health and how they affect the human brain.

There are 13 types of vitamins including:

- Vitamin A
- The B vitamins
- Vitamin C
- Vitamin D
- Vitamin K
- Vitamin E



7⁹⁹

Jamieson™
Melatonin,
3 mg,
100 Sublingual
Tablets



10⁹⁹

Jamieson™
B12,
1,000 mcg,
Fast Dissolving,
100 Sublingual
Tablets



6⁹⁹

**Webber
Naturals®**
Extra Strength,
D3,
2500 IU,
180 Tablets



5⁹⁹
**Diarrhea
Relief**
2 mg,
12 Caplets



8⁹⁹
**Desloratadine
Allergy
Control**
24 Hour Relief,
5 mg,
20 Tablets



7⁹⁹
Omega 3
1000 mg,
Deep Sea Fish Oil,
60 SoftGels



8⁴⁹
Melatonin
5 mg,
100

Speak to your medical professional or pharmacist for more information.

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